

## Regions 1-10 IEIC Help Me Grow (HMG): Resource Request & Cost per Item

Contact Person	Date
Mailing Address	
Email	Telephone
	County

**Shipping Charges** added to the total cost if not picked up. **Handling Fee** of 5% added to all orders. **Indicate item and "quantity" needed below:**

### Brochures

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- ❖ Help Me Grow Brochure **(\$0.20)**

English	Hmong	Karen	Somali	Spanish
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- ❖ Track Your Child's Developmental Milestones **(\$0.20)**

English	Hmong	Somali	Spanish
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- ❖ Premature Babies: An Early Beginning **(\$0.20)**

English	Spanish
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### Booklet

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- Plays Well with Others! A guide to the social/emotional development of young children **(\$1.10)**

English	Spanish
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### Bookmarks

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- ❖ Screen at 3 Bookmark **(\$0.10)**

English	Hmong	Karen	Somali	Spanish
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- ❖ What Happens After a Referral **(\$0.10)**

English	Spanish
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- ❖ Help Me Connect (no cost)
 

English
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- ❖ Follow Along Program (no cost)
 

English
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### Books

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- ❖ Amazing Me: It's Busy Being 3! **(\$1.70)**

English	Spanish
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- ❖ Where is Bear? A Terrific Tale for 2-Year-Olds **(\$1.50)**

English	Spanish
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- ❖ Baby's Busy Day (Board Book) **(\$3.00)**

English	Spanish
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### Growth Chart

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- Grow Up Healthy **(\$1.80)**

### Stencil

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- Kid Stencil (5 7/8" x 3 5/8" with HMG logo & contact info) **(\$0.85)**

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**Wheel**

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Early Childhood Development Wheel: Birth to age 5 **(\$1.40)**

English

Hmong

Karen

Somali

Spanish

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**Tote Bag (\$1.55)**

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blue

green

red

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**Posters**

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- ❖ Do You Have Questions... – **Laminated 8.5"x11" (\$1.25)**
- ❖ Track These Milestones – **Laminated 11"x16.5" (\$1.40)**

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**Resources**

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**HMG Brochure** in other languages; *Arabic, Hindi, Nepalese, Oromo, Russian and Vietnamese* are available to print at the <https://helpmegrowmn.org/HMG/ProvRes/index.html> website.

**Numerous Articles** can be found on the [www.HelpMeGrowMN.org](http://www.HelpMeGrowMN.org) website (<http://helpmegrowmn.org/HMG/HelpfulRes/Articles/index.html>)

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**Contact Information:**

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**Kathy McKay:** [kathy.mckay@brightworksmn.org](mailto:kathy.mckay@brightworksmn.org) or

**Sarah Ryan-Wood:** [sarah.ryan-wood@brightworksmn.org](mailto:sarah.ryan-wood@brightworksmn.org)

**Anna Paulson:** [anna.paulson@brightworksmn.org](mailto:anna.paulson@brightworksmn.org)

**FAX:** 612-706-0811

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