

Region 11 Help Me Grow IEIC Meeting Notes

Zoom Virtual Meeting

Region 11 Help Me Grow IEIC meetings are open to the public.

Date: November 15, 2023

Time: 12:30 – 2:30 pm

Committee Past Chair: Judy Swett

Chair: Jayne Cox-Lindsey

Vice Chair: Cherene Newman

Members Present: A. Berge, B. Burnham, C. Granner, C. Newman, D. Gerady, D. Nagel, R. Heiland, J. Ritter, J. Zahrte, S. Brakke, J. Swett, M. Kioga, M. Forsberg, M. Thell, M. Kvikstad, M. Torgerson, L. Schmidt, S. Schmit, S. Sekon.

Members Absent: A. Wazlawik, C. Fashaw, E. Norwick, J. Cox-Lindsey, M. Lund, M. Bedor, M. Ero-Phillips, Sub for Amy Mimm = Sara Brake. Sub for Kathy Cromie = Cindy Hillyer, C. Tamminga-Flores, I. Assan.

Guests: Roberto Reyes, Jennifer Lodin.

Staff: K. McKay, S. Ryan-Wood, A. Paulson

Topics

- Introductions of those in attendance =
 - **Housekeeping** items lead by Cherene Newman (Vice Chair)
 - Approval of November 15, 2023- agenda
Motion: Judy Swett
Second: Julie Ritter
Vote: Vote passed
 - Approval of Sept. 27, 2023 –
Motion: Judy Swett
Second: Amy Berge
Vote: Vote passed
 - Approval of New Members:
Anna reminded all IEIC members to continue searching for a representative for families who are experiencing housing insecurities and she let them know that Ramsey County has taken a “pause” on sending a representative to the IEIC due to staffing issues.

Additional Discussion items:

- Conference [DEC, Little Moments Count, Other]
- There will be HMG materials at the Division of Early Childhood (DEC) conference, Judy, Anna and a parent connector will be at the Help Me Grow table. (Kathy M. and Sylvia S. offered as well)
- Amy and Sylvia will be going to the virtual conference sponsored by “Little Moments Count”
 - Topics: Mental Health. Brandon Jones is the presenter.
- Dana Nagel and Anna went to the MACMH conference.
 - The 3 day conference was in November. We had a table that provided resources from Help Me Grow, Follow Along Program and Help Me Connect. BrightWorks and MDH staff attended the conference.
- Artificial Intelligence (A.I.) Conference was held at Brightworks – Marilyn attended and mentioned that A.I. will impact schools in the future.

Homeless Presentation – Roberto Reyes and Jennifer Lodin

[Homeless Awareness Presentation](#)

- Homelessness is NOT maltreatment
 - Only report a student to child protective services if you suspect maltreatment as defined by Minnesota Statutes 260E.03 § Subd. 12 (neglect, physical abuse, sexual abuse, substantial child endangerment, threatened injury, mental injury, etc.) – not just because they are homeless. “Support before you report.”
 - [Minnesota’s Parent Support Outreach Program](#)
- Nighttime residence can be the following:
 - Shelters/Transitional Housing
 - Hotels/Motels
 - Staying with other people
 - Unsheltered
- The School District Liaison helps bridge the gap between early learning programs and K-12
- In the Mounds View School District –
 - They have an open dialogue with families and connect them with resources as needed.
 - Transportation is provided to early learning.
- Connection with Medical Providers?
 - The nurses or social workers who work with families in a clinic are usually the connection.
 - Has there been information on Homeless services provided to medical clinics?
 - There should be posters in WIC, however unsure on medical clinics.
 - Information on Homeless services should be offered for childcare as well.
 - Meg Thell found that it can be difficult to get the word out to medical groups. Recommendations?
 - Approach it from multiple perspectives – if you have a community relations person in a healthcare system and you can access them to reach the providers, that’s a way to go.
 - For professional organizations, you can do AAP (MN chapter) to get information out.

- The Minnesota Medical Association lists all the doctors in the state (practicing and retired).
- The Minnesota Board of Medical Practice may be a resource.
- Nurse Practitioners –
- Family Physicians - AAFP –they send out electronic newsletters.
- For large clinics - head pediatric, approach it that there are a lot of people that are unaware of the benefits available for families with young children who are homeless.
- Children’s Hospitals - UMMC, Children’s Hospital of MN (2), Mayo Clinic,
- Name of the Movie recommended by Roberto – [“Maid” on Netflix](#) (Maddy is one of the characters in the film).
- Julie Ritter – question: If a child is established in preschool program, working with the MV process has been a pretty easy process. There are struggles with early intervention students.
 - Roberto’s response: There has been funding for districts for education staff to visit the students’ homes if they are out of district.
- Links to MDE resources for districts and anyone who has contact with families.
 - [NCHE Resources](#) – order posters
 - [Minnesota Department of Education Contact List](#)
- The Follow Along Program follows them along...there are not questions regarding homelessness.

2023 - 2024 Work Plan and Budget Status Report

- Summary from research of current parent populations to provide insight on the most effective means for distributing information to this generation. [Public Awareness Insights Report](#)
- Articles – [Current list of Articles on HMG Website.](#)
- [“How to Serve and Return and Build a Baby’s Brain”](#)
 - There will also be a bumper ad for this “Serve and Return”.
 - Cherene mentioned the Screentime and Experiences - [Screen Time math.pdf](#)
 - Maren Kioga mentioned in the chat the idea of writing on Twice Exceptional Learners or Asynchronous Development.
- Mom Enough podcasts scheduled for 2023-24. Anna reminded the IEC of the three Mom Enough podcasts that will be sponsored by Help Me Grow MN – Region 11.
 - ✓ Facebook Live in Spanish – Advocating in the U.S. with Andrea Castillo – Nov. 17
 - ✓ Susan Beaulieu an ACE Interface Master Trainer who will share the impacts of unresolved individual, ancestral and collective trauma and share strategies to support healing with children and families. TBD
 - ✓ Dr. Brenna Rudolf will outline the expectations and experiences of children and care givers going through the screening, evaluation, and Early Intervention process. Jan.8, 2023
- Postcards with QR Codes have been sent to almost 2000 contacts. Kathy and Sarah said that they have noticed the orders jump on the weeks the postcards go out. The cards are a good reminder to refill resources for families. A much less expensive alternative to sending full packets of resources as reminders.



- Training Video for Childcare Staff. Anna said that the medical training video is still being distributed and that childcare training video development has started.
- A Childcare training Advisory Panel Members has been set and ideas about content are listed. Interesting change from “who” should be referred to “how to talk to parents about trust and referring a child”. Strong request to make the video available in Spanish.
- Bumper Ad. – To go along with the recent article, Anna said that she is working with Risdall on developing a new bumper ad. She shared the link to the Serve and Return ad. Concepts.
- Parent Connector update: Table of Events, Activities and Presentations. Anna mentioned that the staff and P.C.s have been very busy going to presentations and events. She shared the Table of Events, Activities and Presentations.
- The Help Me Grow Website needs to undergo an upgrade to fit current trends. Websites typically get a new look every 5 years. Risdall and Anna have a slide deck of new concepts and are waiting for MDE to look at recommendations and approve.
- Anna reported from the Risdall team report: Click to referrals – July, August, Sept.2023 – current numbers are higher than last year. There are more parents clicking to refer.
- Budget update Kathy. Region 11 Budget as of 9/12/2023 - we are on track with the budget with staffing, parent connectors and other contracts that we have. There have been no requests for training funds. Still over on printing. We will probably not print any stencils this year. Holding the printing funds we have because we will run low on inventory in the books and possibly the tote bags.

Motion to Adjourn: Amy Berge

Second: Sylvia Sekhorn

Vote: Meeting closed at 2:24pm

Next Meeting Dates:

Feb. 14, 2024 (all zoom)

May 15, 2024 (in person)

Resources and Links:

Agenda: <https://docs.google.com/document/d/1vYRfpEVR8xztULDEqHa3oUnqWXBKkL5j/edit>

Notes: <https://docs.google.com/document/d/1fbY1iD6xvTGzZH0tnNnIEXk9txjK8bUB/edit>

Homeless Presentation – Roberto Reyes and Jennifer Lodin:

[Homeless Awareness Presentation = https://docs.google.com/presentation/d/16-QavpX2Y1MTNKU16_JcnWeeDgwgNyby/edit#slide=id.p1](https://docs.google.com/presentation/d/16-QavpX2Y1MTNKU16_JcnWeeDgwgNyby/edit#slide=id.p1)

Minnesota Report on Homelessness: <https://mn.gov/dhs/people-we-serve/children-and-families/services/child-protection/programs-services/parent-support-outreach.jsp>

Netflix Movie “Maid”: <https://www.youtube.com/watch?v=cLd0dN25i5g>

Resources to share about the supports for families experiencing homelessness: <https://nche.ed.gov/resources/>

MN Organization Reference Glossary: <https://public.education.mn.gov/MdeOrgView/contact/contactTypeList>

Public Awareness Insights Report (Risdaal): <https://drive.google.com/file/d/1KUbk4mFDCsTCxmFIB7aYWAJd3Xh9Pw9A/view>

“How to Serve & Return and Build a Baby’s Brain” Article: <https://drive.google.com/file/d/1cxAsZzxOeN-rQcuS5s4d-1JbNiTcCvTH/view>

Screen Time and Experiences article: https://drive.google.com/file/d/1LREwsOP-Ut_XmUULNbFzIpuKXv1K6V1/view?usp=sharing

Mom Enough Website: <https://www.momenough.com/>

BrightWorksMN - Region 11: <https://brightworksmn.org/ProgramsServices/specialEducation/HMGOrderOutreachMaterials.html>

Childcare Training Video Advisory: <https://docs.google.com/document/d/1PGea0xzsG5oKsYQkdc2mUiZJX-sCuYU36z-2O0raVnU/edit>

Serve & Return Bumper Ad Concepts: https://drive.google.com/file/d/1yXI-sptlzzNGmSBC0FDSIav_ZLBWiWxo/view

Parent Connector and Region 11 Staff Events and Presentations:
<https://docs.google.com/document/d/1BkBpsSeqq5HcTddYAAtgEd4bn6oEb2Kih/edit>

Help Me Grow Website “Clicks to Referral” report: July - August:
<https://drive.google.com/file/d/1QhTiVAebxkkPpecUUVECCbbKDFaE-opf/view>

Region 11 Constituency Group Update: October 2023:
<https://docs.google.com/document/d/1KZzcEcqTXY6GpqaDw37Iy89p85lkhXQe/edit>